

# Daily Screening

answer the 2 questions in the "yellow boxes"

(1) Do you have symptoms?

Do you have these "COVID" symptoms?

- Fever
- Cough (new cough or worsening chronic cough)
- Shortness of breath or difficulty breathing (new or worsening)
- Runny nose
- Sore throat

Do you have these symptoms?

- Chills
- Painful swallowing
- Stuffy nose
- Headache
- Muscle or joint aches
- Feeling unwell, fatigue or severe exhaustion
- Gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite)
- Loss of sense of smell or taste
- Conjunctivitis, commonly known as pink eye

YES

NO

NO

YES

You are legally required to self isolate for **at least 10 days** from the start of symptoms or until they resolve (whichever is longer) – Note a negative test can shorten the required self isolation period

Do NOT have to stay home (can come to school/work), unless you answer yes to "Have you been potentially exposed?"

stay home and minimize your contact with others until feeling better (symptoms resolved)

(2) Have you been potentially exposed?

Have you travelled outside of Canada in the last 14 days?

Have you had close contact (face to face contact within 2 metres) with a confirmed case of COVID-19 in the last 14 days?

Have you had close contact with someone with COVID-19 symptoms who is a close contact of a confirmed case of COVID-19 in the last 14 days?

YES

NO

You are legally required to self isolate for **at least 14 days**.

Do NOT have to stay home (can come to school/work), unless you answer yes to "Do you have symptoms?"

You develop symptom?

NO

YES

You can return to school/work after 14 days

Remain isolated for at least 10 days from the start of symptoms or until they resolve (whichever is longer)

No

Have you been tested for COVID?

YES

If COVID test is negative, you are able to come back if feeling better, even if less than 10 days